

Northwest Women's Surf Camp's Essentials to Pack

Here's a list of items you should consider bringing for the day's surfing adventure:

Beach Towel, bathing suit, sunscreen, sunhat or cap, thongs or hiking sandals, sunglasses.

Warm, layered clothing that's comfortable and loose fitting.

A light windbreaker jacket (the Oregon Coast can get windy).

A large backpack to put your wetsuit, wetsuit parts, towel, and gear in. Nice to have gear altogether on your back, so you can carry your surfboard comfortably with two hands.

A water container. We provide a 5 gallon mineral spring bottle of water for you to refill from. We're eliminating plastic waste.

A large plastic garbage bag. To keep your wet and sandy gear in your dry backpack at the end of the day's camp.

Optional items you may want to bring:

Rashguard (For under the wetsuit. They can be purchased at Cleanline Surf Shop in the morning.), a camera and yoga mat.

(A towel works ok as a mat too)